

Prescription Pain Medication Program  
Steering Committee  
June 17, 2008, 9:00-11:00  
Rm 401

**Present:**

Katherine Hamilton  
Alan Colledge  
Iona Thraen  
Noel Taxin  
Robert Rolfs  
Teresa Garrett  
Martin Caravati  
Erin Johnson

1. Reviewed the Utah Controlled Substance Act rule (up for public comment)
2. Research to look at Risk Factors of prescription drug overdose deaths
  - Will be taking place from Sept 08-Sept 09
  - How would you get consent?
    - A lot can be gathered under the authority of ME
  - Will it only be accidental OD (or include suicide)
    - ME usually errs on the side of “intent not determined”
  - Should there be a control group? Who should it be?
    - People who use opioids but didn’t die
    - Sudden-cardiac arrest deaths
  - Do we include illicit/nonillicit too or restrict to only non-illicit OD?
    - Will probably depend on funding
  - Need to meet with Todd Grey and Gambrelli Layco
  - Total funding is not yet determined
3. Provider Education
  - When we have guidelines, we will include them in the Provider Education effort with HealthInsight
  - Noel can direct any providers that request info/options of CME’s on prescription pain meds to Erin
  - Erin: give Noel a flyer/description of Provider Ed so that she can give to Marv for future callers
  - Invite Noel to the HealthInsight meetings
  - Goal of small group sessions: ask providers to pull up a profile on the DOPL CSDB
  - Noel: check on whether we can make a mock profile to pull up on DOPL CSDB without violating privacy rules
  - Instructor won’t look at the doctor’s profiles
  - Teresa: include CNE credits for nurse practitioners
4. National Pain Foundation

- Have interest in partnering with our group
- Will be present at July meeting

#### 5. Guidelines—Nancy Williams

- How are you dealing with conflicting comments?
  - Conversion table may be easy to handle (by including the evidence—not as a recommendation, but as an addendum. Include in tools and expressing the possible dangers that exist)
  - Whether to prescribe or not to prescribe
- Ideas for the acute pain section:
  - Do Not use long-acting
  - Don't give more than you need
  - Tell the patient how to dispose of the meds once they are done
- Can the steering committee have access and give input to the recommendations?
  - Yes.
  - After passing through the expert panel, it would be helpful to get Steering Committee comments
- How many experts did you use?
  - A full panel with every specialty/perspective we could get (10)

#### 6. Process for Agreement—Nancy Williams

- Review purpose of the document
- Do straw poll on the 12 recommendations
  - Weed out any with unanimous consensus
  - Go through each recommendation separately
- If there are disputes, we will move to another process:
  - Bob—if there are disputes, we should state that in the document
  - Alan—then you can still have the reference materials
  - 2/3 without strong objections—if strong objections the objector re-writes and re-submits to committee for re-vote and then either passes or doesn't pass (this will be noted in the document)
- Use the word “clinician” rather than “physician” since it is aimed at both
- Task: Meet before the meeting with Marc to make sure he knows time constraints and what priorities we need to get through
- Leave some issues in “parking lot” if they are not the main things
- Resource directory for consultation or referral
- We don't want to create a liability by stating a certain time when you have to refer
  - Tricky because there aren't a lot of resources for consultation
  - We don't want to list people just to “dump the patients” but to provide some referral
    - Maybe we can engage the pain management community to come up with a practical model of how to refer (either by getting a treatment plan or taking on the patient)
    - We can do a statewide resource directory that includes all sources
    - We could give it to UMA if they want to keep it up

- Seems like there is some perceived risks to a resource directory but it would be important that we have one...
  - need to consider sustainability
    - UMA or funding from our program for as long as we can
  - caveat that it is not recommendations, but just a list of resources.
- Alan—wants to see how this fits in the Table of Contents
  - We'll send this to the Steering Committee after we finalize the recommendations at the Expert Panel meeting.